



Subject Co-ordinator - 4-Year Topic Cycle Planner

SAFEGUARDING CURRICULUM/PSHCE

	Autumn		Spring		Summer	
Year 1	<u>We can build it</u>		<u>Myths and Legends</u>		<u>Olympics</u>	
	FEELING GOOD ABOUT ME		RELATIONSHIPS		TAKING CARE OF MYSELF	
Engaging	Self Awareness	Developing Interests	My Play	My Play	My Body/ My sensory needs	Summer Safety
Semi-formal	Self Awareness	Mental Wellbeing/Identifying Emotions	My Play	Social Interaction and Communication	My Body/ My sensory needs	Summer Safety
Formal	Identifying and understanding emotions	Mental Wellbeing/Self Confidence	Social Interaction and Communication	Non-Conflict Resolution	Puberty	Transition/Drugs, Alcohol & Tobacco/ Basic First Aid
Year 2	<u>Sights and Sounds</u>		<u>Islands and Oceans</u>		<u>Creepy Crawlies</u>	
	FEELING GOOD ABOUT ME		RELATIONSHIPS		TAKING CARE OF MYSELF	
Engaging	Identifying Emotions	Self Confidence	My Family	My Family	My Self Care	Summer Safety
Semi-formal	Mental Wellbeing/Developing Interests	Understanding emotions	My Family	My Family	My Self Care	Summer Safety
Formal	Mental Wellbeing/Perseverance	Anxiety Management	Families	People who care for me	Puberty	Transition/Drugs, Alcohol & Tobacco/ Basic First Aid
Year 3	<u>Sparkles and shadows</u>		<u>Superheroes</u>		<u>Move it, move it</u>	
	FEELING GOOD ABOUT ME		RELATIONSHIPS		TAKING CARE OF MYSELF	
Engaging	Self awareness	Developing interests	People who care for me		My Self Care	Road Safety
Semi-formal	Identifying emotions	Mental Wellbeing/strategies	People who care for me	My Self Care	My Self Care	Road Safety
Formal	Anger Management	Mental Wellbeing/Resilience	Respectful relationships (bullying)	Being Safe	My Self Care	Transition/Drugs, Alcohol & Tobacco/Basic First Aid
Year 4	<u>Let's Go Exploring</u>		<u>Dinosaur Roar</u>		<u>Grow, Grow, Grow</u>	
	FEELING GOOD ABOUT ME		RELATIONSHIPS		TAKING CARE OF MYSELF	
Engaging	Identifying emotions	Self confidence	My friendships	Social Interaction and communication	My Body/ My sensory needs	Keeping Safe
Semi-formal	Mental Wellbeing/self awareness	Self-confidence	My friendships	Social Interaction and communication	My Body/ My sensory needs	Keeping Safe
Formal	Mental Wellbeing/management strategies	Taking Responsibility	Empathy	Valuing Difference/ Racism/Stereotypes	Puberty	Transition/Drugs, Alcohol & Tobacco/ Basic First Aid